## Co-Curriculars: Getting Involved Over The Summer

Music	Middle School Athletics	High School Athletics
Middle School.  Summer music instruction is highly recommended for new middle school students interested in middle school music ensembles. Please contact Northridge Music Director, Mr. John Riccobono, if your son plays a musical instrument.	See our Sports Offerings <u>here</u> . About	See our Sports Offerings here.  If your son is interested in participating in high school athletics at Northridge, please take the following steps:
<ul> <li>Middle School students can participate in the following ensembles:</li> <li>Middle School Band</li> <li>Northridge String Ensemble</li> <li>Middle School Jazz Band</li> <li>Sixth Grade Music (required; full year). The sixth-grade music class will study music through the following elements: note reading and music theory through the study of piano, rhythm through the introduction to percussion performance, ensemble playing through the study of a wind instrument (flute, clarinet, saxophone, trumpet, trombone, or baritone horn), music history through listening and study via online media resources</li> <li>High School.</li> <li>New high school students interested in joining the Northridge Band or Strings should make an appointment to come and play their instrument for the Music Director, Mr. John Riccobono. An assessment will be made of the level of proficiency, and weekly lessons may be recommended over the summer to learn some of our repertoire.</li> </ul>	<ul> <li>There are no special forms required to participate in Middle School athletics, just a sign-up.</li> <li>Middle School teams do not meet over the summer.</li> <li>We have a no-cut policy in Middle School, so there are no tryouts prior to the start of practice</li> <li>2024-2025 Middle School Fall Athletics Registration</li> <li>Cross Country: Click Here (Sign-up by Aug 21)</li> <li>Soccer: Click Here (Sign-up deadline is Aug 2)</li> <li>Basketball: Click Here (Sign-up by Sept 28</li> <li>If you have any questions about the Middle School Athletic Program, please contact Coach Patrick Hunt, Middle School Athletic Director.</li> <li>Please note: spring sports registration will be available once the school year begins</li> </ul>	Step 1 Contact the coach listed below for the sport your son is interested in playing at Northridge. They will tell you the tryout dates and times and will answer any questions you may have. Summer schedules will be posted in the spring.  • Cross Country / Track & Field – Coach Julian Murphy • Golf – Coach Joseph Egan • Soccer – Coach Alvaro Vargas • Basketball – Coach Will Rey • Baseball – Coach Patrick Hunt • Wrestling – Coach Joe Rhee • Lacrosse – Coach TBA • Tennis – Coach Paolo Rossi  Step 2 Complete the Athletic Participation Packet (APP) and return it to the Northridge Main Office prior to athletics participation. Find the APP here.
High School students can participate in the following ensembles:  High School Concert Band High School Jazz Band High School Pep Band (plays at varsity basketball games) Northridge String Ensemble Men's Chorus		If you have any questions regarding high school athletic participation, please contact Coach <b>Will Rey</b> , High School Athletic Director, at <a href="mailto:wrey@northridgeprep.org">wrey@northridgeprep.org</a> .